

Nutrition Facts

1 servings per container

Serving size 1 pouch (35g)

Amount Per Serving

Calories **160**

% Daily Value*

Total Fat 6g **8%**

Saturated Fat 0.5g **3%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 15mg **1%**

Total Carbohydrate 24g **9%**

Dietary Fiber 1g **4%**

Total Sugars 1g

Includes 1g Added Sugars **2%**

Protein 5g **10%**

Vitamin D 0mcg **0%**

Calcium 13mg **0%**

Iron 1mg **6%**

Potassium 127mg **2%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.